

# SPORT BTEC Level 2 Diploma

Version 06/11



| Subject Area             | Qualification | Level   | Awarding Body |
|--------------------------|---------------|---------|---------------|
| Sport and Active Leisure | BTEC Diploma  | Level 2 | BTEC          |

## Course Summary

The programme is designed for young people aged 16 – 19 to provide the sound base of knowledge and understanding in sports and fitness. Practical sessions form an important aspect of the course to help develop the skills needed to work in leisure centres, sports centres, and activity centres. The course will provide an active programme that will start to develop a range of skills and techniques, personal attributes, fitness levels and teamwork that will be valuable in working life.

Students studying at NEW College have the opportunity to undertake trials for a variety of college sports teams i.e. netball, basketball, rugby, foosball, cross country, athletics.

## How will I be assessed?

The course is made up of 6 units; this includes 2 mandatory units on Fitness Testing and Practical Sport. Optional units include Anatomy and Physiology, Nutrition, Planning and Leading Sport Activity. Each unit is assessed through a range of methods including written log books, written assignments, presentations, discussions, and practical activities.

## Entry Requirements

Students must have a minimum of four GCSE's at grade D, to include English. All applicants will be considered on an individual basis and will need to undertake an English and maths assessment prior to the start of the course. Students are required to be self-motivated and take a degree of responsibility for their own learning.

## How much time will I spend on the course?

The timetable will consist of 6 diploma units, group and individual tutorials, Functional Skills and the additional qualification of Level 1 Sports Leaders Award. This is usually spread over 3 1/2 days

## How is the course taught?

A variety of classroom based lessons develop the theory knowledge of students whilst practical sport and fitness lessons develop skills and techniques. Visiting speakers and visits will be arranged to enhance the curriculum and classroom learning. Students are required to work both individually and as part of a team.

## Where is the course taught?

Redditch Campus

## Who is this course suitable for?

Anyone with an interest in a career in the Sport, Leisure or Outdoor Activities industry.

## What are the mandatory modules or units?

- Fitness Testing
- Practical Sport

## Optional units include

**Anatomy and Physiology, Nutrition, Planning and Leading Sport Activity, Exercise and Fitness Instruction, Sports and Leisure Facility Operations.**

## What materials do I have to provide?

Learners will need to be prepared with writing materials and folders.

## Are there any additional costs or specialist equipment required?

Students will be required to provide uniform at a cost of approximately £45, which will consist of two polo shirts and a hoodie. Students will also be expected to purchase plain navy tracksuit bottoms. Full details will be available from Sports staff at your course consultation.

Students will be asked for a contribution of £50.00 towards the cost of educational visits and an overnight residential trip during the year.

You may be able to get help with the costs from the College's Learner Support Fund. More details are available from the Student Advice Guidance and Support team (01527) 572691.



## What can I do after this course?

Students achieving the full qualification may progress onto Level 3 (subject to successful interview). Students may also choose to progress to work-based training or employment.

## What careers would this course be useful for?

The knowledge and experience developed within the course can be useful when seeking employment within the sports industry.

## How do I apply / join this course?

You first need to complete an application form. You can find a form in the back of the Prospectus or you can call our Information Centre on (01527) 570020 and they will send you a form in the post. Alternatively you can complete the form on-line by visiting the College's website [www.ne-worcs.ac.uk](http://www.ne-worcs.ac.uk).

Once we have your form we will invite you to come into College and meet with a member of our teaching Team so you can ask any other questions you have. Usually at this meeting we will either offer you a place on the course you have applied for or, in some cases an alternative course.